

ALL POINTS CYCLING

Electric Bikes – E Bikes

Two hour overview seminar



Mar 2023

This seminar is for the bike shop that sells an Electric Bike (E Bike) to some one not familiar with the E Bike platform. To assured that E Bikes handle similar to regular bikes, but they are heavier and under power can and are quicker, up to 32 KPH when full power applied and the rider is riding hard.

Also, the BC Motor Vehicle Act requires E Bikes to come to a stop, from 30 KPH to zero in nine (9) meters, on a clean dry flat surface. This is harder than thought. If riders don't understand the speed aspect and threshold braking / Panic Stopping, then problem can and likely will happen.

** Remember the All Points Cycling 1/3 Rule;

1/3 out to location, 1/3 loitering at location, 1/3 getting back to where you started.

Doors Open

Introductions / Riding Experience

Basic Bike fit

Personnel equipment/ Bike maintance overview/ Bikes and the Law

How the bike works; power plug-in, keys, power settings

Parking Lot Riding Skills – explanations, demos, and actual riding practice

Balance – neutral balance Straight line riding

- Signaling - Shoulder Check - Slalom

Threshold Braking, Panic Stops 9 metre Stop

Wrap-up